

# Chen Style Taijiquan

Old Frame (*Lao Jia*), First Form (*Yi Lu*), *Laojia Yilu*

陈氏 太极拳 老架

Chen T'ai Chi Ch'uan 74 Movement Hand Form

## Section II

8. Slanted Walking (*Xie Xing*)
9. Brush Knee (*Lou Xi*)
10. Stepping to Both Sides (*Ao Bu*)
11. Slanted Walking (*Xie Xing*)
12. Brush Knee (*Lou Xi*)
13. Stepping to Both Sides (*Ao Bu*)
14. Covered Fist Punch (*Yan Shou Hong Quan*)

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Webpage: <http://www.egreenway.com/taichichuan/chenOF1F1.htm>

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