Yang Taijiquan Short Staff
Created by Master Xu Minshan
As Taught by Shifu Jiang Jian-ye

List of Movements, Instructions, Comments, and Bibliography by Mike Garofalo

[Please purchase the instructional DVD produced by Shifu Jiang Jian-ye. You must have this excellent instructional DVD, and the guidance of Shifu Jiang Jian-ye therein, to learn the Yang Style Taijiquan Short Staff Form.]

List of Movements

Coming in May 2009