

Taiji Kung Fu Fan Form

An Internal Martial Arts Fan Exercise Routine Created by Professor Li Deyin in 2001

Taijiquan, Kung Fu, and Wushu Fan (Shan) Webpage
<http://www.egreenway.com/taichichuan/fan.htm>

Taiji Kung Fu Fan Forms by Professor Li Deyin: Bibliography, Links, Resources, Videos, Fan Forms 1 and 2 (Beautiful Sunset).
<http://www.egreenway.com/taichichuan/fan.htm#LiDeyin>

Fans – Various Types for Purchasing
You will need to purchase a Taiji Fan for practice. Prices range from \$9.00 to \$40.00 depending upon the quality of the fan.
<http://www.egreenway.com/taichichuan/fan.htm#Vendors>

List of Movements, Section I, Movements 1-26
<http://www.egreenway.com/taichichuan/Taiji Fan List 3.pdf>

Instructional DVDs

I recommend that you purchase one instructional DVD:

Taiji Kung Fu Fan Form. Instructional DVD by Professor Li Deyin (1938-). Narration by Professor Li Deyin in Chinese with some subtitles in Chinese. There is an English language translation in a voice over narration. The instructions and comments by Professor Li Deyin, in six lessons, are quite detailed. 120 minute DVD.
Source: <http://www.taichilink.co.uk/>

Tai Chi Kung Fu Fan Form. Instructional DVD, 65 minutes, by Master Jesse Tsao. Detailed instructions in English. Tai Chi Healthways, San Diego, California.
Source: <http://www.taichihealthways.com/tai-chi-dvd.htm>

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Taiji Kung Fu Fan Class: <http://www.egreenway.com/tcc.htm>
Cloud Hands Website: <http://www.egreenway.com/taichichuan/index.htm>