

## TEHAMA COUNTY COMMISSION ON AGING

June 12, 2006

Corning Senior Center

### Persons Present:

Walter Dodd	Roberta Miles	Michael Garofalo	Rose Zastrow
Gaylen Norman	Leland Taylor	Glenna Ahers	Gail Locke
Gregg Avilla	Mildred Johnstone	James Brooks	

Members Excused: Ray Dunn, Joy Wright

Members absent: Charles Willard

Minutes Approval, preceding meeting: Minutes approved

Old Business:

Reports:

Area Three Agency on Aging: Glenna Ahers from Passages reported that the biggest thing in HiCap the past 3 months is Medicare "D". The calls have dwindled since the May 15<sup>th</sup> deadline to sign up for Medicare "D". They are dealing with issues and concerns with health insurance counseling. There will be program changes with the July 1<sup>st</sup> budget. Joe Cobery is in the process of hiring a deputy director. That person will be working with the senior nutrition program and senior services making sure goals are met.

California Senior Legislature: Mildred Johnstone said that an election will happen in June to replace her position as CSL representative. Four people asked for application but no one has turned the back in yet. John Hopkins has turned in his application for the senate.

Board of Supervisors: Gregg Avilla talked about the meeting scheduled for June 19<sup>th</sup> at 6:00pm at the Red Bluff Senior and Community Center. Use fees will be discussed at the meeting. The County and the City are trying to look at obligations of the contracts. Gail thought it would be helpful if Passages wrote a letter reminding people that some of the funds for the Senior and Community Center came from Older American Funds. Gregg said all letters would be helpful. Walter plans on attending the meeting stating that the current fee to use the Senior and Community Center is \$20 per hour. TCCA is a County agency which is staffed by volunteers. Walter says that if we are charged for meeting there, then the board of supervisors would have to pay. Walter pointed out that there must be a commission on aging in every county. Gregg said that the contract is almost up between the County and the City. Affordable housing was also discussed. Gregg, Gail and Charles Willard met with Bill Goodwin and George Robeson to discuss concerns with the Del Webb project. Gail was proposing to collect money up front from Del Webb to study County wide Fire and Emergency service. Gregg reported that George

Robeson said the proposed housing will meet the needs of the growing senior population up to the year 2020 by 2006. Gail said with Gregg's help they were able to raise the awareness on a County level of a grant writer to find grants for first time home buyers, renters' assistance and utility assistance.

Community Care Specialist: Rose Zastrow talked about the pet food project. The Friday night live club, chaired by Christina Zastrow wrote a grant to purchase pet food for recipients of the Senior Nutrition Program. The kids from Friday Night Live became interested in pulling weeds and painting the Senior Center. Rose also said that she has had 4 or 5 people that didn't sign up for Medicare "D" by the dead line. Unfortunately, they cannot sign up now until November and they will be paying higher premiums than people that signed up before May 15<sup>th</sup>. Rose also has Farmer's Market Coupons. She has had some changes in her job duties. Rose will be in her office on Tuesdays, Wednesdays and Fridays. On Mondays and Thursdays you can find her at the Old Country Church working with the respite program.

Nutrition Project and Data: Gaylen passed out the senior nutrition report for April and May. Congregate meal sites continue to drop in numbers a little because of high gas prices. Gas prices are also affecting the home delivery. This year the budget is really tight and over spent. Gaylen will be fundraising up to \$10,000. She will do as much as she can as time allows. She will be hitting up big businesses like Walmart and Win River. Gaylen also has 150 Farmer's Market Coupons.

Tehama County Health Partnerships: Gail reported that the meetings alternate monthly between Red Bluff and Corning. This month it will be in Red Bluff. They are working on sustainability. She said it is a good place to learn about what different agencies are doing and how they are trying to serve the community. Gail is our representative and Mildred is our alternate.

AARP: Ray Dunn was not at the meeting but Walter Dodd brought in a Daily News Story looking for volunteers to replace Ray. Gail said that TCCA is an official sponsor of the tax assistance program and that we should make this an agenda item for the next meeting.

#### Senior Centers:

Corning: Jim Brooks, chairman of the Corning Senior Center board of directors said that they had quite a few problems. The president of the board was asked to step down and Renee Ruth was terminated. They have been experiencing bug and janitorial problems among other issues. They are working with a full board at this time and will work on accomplishing what this building set out to do. They are looking for a senior center manager and at this time they are looking for volunteers to staff the center. Walter thanked Gaylen for helping during this difficult time and continuing to serve meals to seniors. Jim said he needed technological support for TCCA. Gaylen will give Jim some websites she has found about non-profits.

Red Bluff: Gaylen told the commission that they are starting a yoga class on Tuesdays and Thursdays and Hula classes are coming up. They have one driver position for Corning open.

Villa Columba: Roberta thanked Gaylen for distributing the Farmers' Market coupons to all eligible residents at Villa Columba. She also told the commission that Villa Columba was a polling site and it was very beneficial for the residents there. They are going on their houseboat trip on Friday, to Reno on July 5<sup>th</sup> and 6<sup>th</sup>.

Vacancies: Walter will recommend to extend the terms of the following TCCA members: Walter Dodd, Joy Wright, Gregg Avilla and Mildred Johnstone. He will also speak with Charles Willard to see if he is interested in continuing to serve.

Public Comment: Gregg Avilla announced that Sunsweet Prunes has come out with two new products. The first is called "Plum Smart" which is a delicious drink and "Ones" which is a packaged single prune.

Next meeting is on Monday, August 14<sup>th</sup> at 2pm at the Red Bluff Community and Senior Center.

Meeting adjourned at 4:02pm.