

Tehama County Commission on Aging

April 10, 2006

Los Molinos Senior Center

Persons Present:

Roberta Miles	Walter Dodd	Michael Garofalo	Tatiana Fassieux
Gregg Avilla	Carol Davis	Anita Mullins	Gaylen Norman
Charles Willard	Gail Locke	Louisa Barber	Joy Wright
Leland Taylor	Mildred Johnstone	Rose Zastrow	Cathy Blackmore

Minutes Approval, preceding meeting: Minutes were approved with corrections of the spelling of Tatiana Fassieux and Joe Cobery's last names.

Old Business: Filling of two vacancies. Louisa Barber is interested in serving on the board. We still have one vacancy left to fill.

Reports:

Area Three Agency on Aging: Tatiana reported that there will be a Medicare bus at the Golden Umbrella in Redding on April 21st from 8:30 to noon. Also KIXE, channel 9 will air an open forum four times titled "Making sense of Medicare D". She advised the board that anyone who is not yet signed up for Medicare D can fill out a questionnaire available from her or Rose. HiCap will do the research and find the best plans available for that person. Rose is able to sign up people that fill out the questionnaire. Tatiana also reported that they usually take between 100 and 125 calls a month, but in March they have received 500 calls. The deadline for signing up for Medicare D is May 15th. The next open enrollment will be November 15th. Nursing home residents and assisted living residents may call HiCap for help.

California Senior Legislature: Mildred Johnstone said that her position has been advertised in the local newspaper. Mildred will continue to serve through June. She reminded the commission to donate on line 54 of their income taxes which will provide for expenses for the California Senior Legislature. Gail thanked Mildred for her service. She has knowledge and background on senior issues. Mildred said it has been a lot of work, but it has been interesting. They have had a lot of successes.

Community Care Specialist: Rose Zastrow will forward a report from Tatiana with the numbers of people who have signed up and who haven't signed up for Medicare D. She spends much of her day talking with seniors about Medicare D.

Board of Supervisors:

Charles Willard expressed concern with the General Plan. He said they have been working on it for 1 ½ years and said we should look at it when it comes available.

Another concern he has is Del Webb and the impact it could have. He talked about the 150 year anniversary of Tehama County and advised us that we can learn more on the Tehama County web site.

Gregg Avilla told the commission that he is on an ad hoc committee for the Red Bluff senior and community center. He said that Larry Stevens and Forrest Flynn are also on the committee and they are trying to define going forward as far as the commitment from the City and the County. He said we should look at contracts from the past and decided if that will work going forward. The next meeting is on the 25th of April at 332 Pine Street. He suggested that Bill Goodwin at the County would be a good person to talk to regarding Del Webb. The homes are in the \$300,000 to \$400,000 price range. Gail thinks that Del Webb should do 5% - 10% for the other end of housing in Tehama County. Gregg agreed to go with Gail to talk with Bill Goodwin about their concerns. Gail and Mildred brought up concerns about senior services and the impact it could have on low-income seniors. Gail said we're talking about bringing in 3000 more seniors into the County and we're not ready for them yet. Mike says we need to balance those concerns with the revenue from property taxes. He thinks it's unfair that the State gets 50% - 60% of the income when the schools will not be affected that much because of the population that will live in Del Webb. Walter said that a Cal Trans study about impact fees was done to fund a 3 lane I-5.

Nutrition Project and Data: Gaylen Norman passed out February and March data. They are on track with donations. They had an audit with the Area on Aging and did well. One concern was how they are going to deal with baby boomers. She said that we can hope that we continue to grow so we can accommodate. Next month is pet mania month which will take the place of 'Step out for Senior day'. The Friday night live club has written a grant to provide food for the pets of her clients. There will be a pet parade. Gaylen researched the oldest Tehama County person for the 150th anniversary of Tehama County and found Ella Brownfield at 98 years old. Gaylen also told the commission that the Corning driver for the nutrition program is retiring after 6 years. He will continue to do relief driving. Also, they are looking at adding more fruit, vegetables and bread to the menu. She also said that new flooring is going into the garden room which will be nicer and safer for seniors.

Tehama County Health Partnerships: Gail Locke reported on the Elder Citizen's Coordinating Council funded by a grant from California foundation as a new group of service agencies who serve seniors. They meet at Mental Health at 1445 Vista Way in Red Bluff at 3:00 on the 4th Wednesday of the month. The goal of the group is to provide training. There will be a different training every month. A subcommittee was formed to develop a disaster plan for the County.

Senior Centers:

Corning: Renee Ruth submitted a report read by Walter Dodd. Activities were listed including AARP tax aide by appointment, Shasta College art classes, computer classes and government commodity day.

Los Molinos: Carol Davis reported that they have dances every Saturday night and the 1st and 3rd Mondays of the month.

Red Bluff: Gaylen Norman said they now have Yoga and wood carving added to their activities.

Villa Columba: Roberta Miles reported that the residents have formed a committee to raise money and supplies for PATH. The houseboat trip is in June, Reno trip in July. The election department is looking into making Villa Columba a polling place. New sidewalks were put in on Elm Street at Villa Columba.

Public Comment: Walter talked about the fees for the use of the Red Bluff Community and Senior Center. Mildred said we need to note that this commission has no budget and is unable to pay fees.

Next meeting is on June 12, 2006 at the Corning Senior Center, 1015 Fourth Street at 2:00pm.

Meeting adjourned at 3:53pm.

Respectfully submitted by Roberta Miles.